

GLOUCESTER REGATTA
IMPORTANT NOTICE TO ALL COMPETITORS 2017

Gloucester Rowing Club hopes that everyone will enjoy the regatta and all members of the Club will do their best to ensure the safety of everyone involved. However each individual must exercise a duty of care both to third parties and themselves.

Gloucester Regatta will be run under British Rowing Rules of Racing & the management of Gloucester Rowing Club.

British Rowing Row Safe Guidelines must be observed at all times.

ROW WELL, HAVE FUN.

- All crews must report to Registration at least 1 hour before racing to register & collect their race number which must be worn by BOW & COX during racing. British Rowing Licences will be checked for crews winning a qualifying event, substitutions and for spot checks. Registration will be sign posted & is situated in the **NEW BOATHOUSE BOAT BAYS**.
- **CREWS WILL NOT BE CALLED** – It is the responsibility of all competitors to be in the pairing area no less than 25 minutes before the published race time or their opposition may be awarded a row over. Late crews may be given an official warning. Crews that fail the Control Commission check may be given an official warning. Crews will only be allowed into the boat pairing area if they are with their opposition.
- **4's and 8's with Wing riggers must have back stays fitted i.e. 4-/+ & 8+ Bow Pair (1,2) and 4x/8x Bow (1) as minimum. Boats incorrectly fitted will not be allowed to race.**
- **ALL COMPETITORS MUST MAKE THEMSELVES FAMILIAR WITH THE MAP OF THE COURSE AND THE CIRCULATION PATTERN**
- Competitors are required to proceed to the start on the **PETROL STATION SIDE** of the Canal. Please ensure that you do not impede a race coming down the course, particularly when crossing the canal from the landing stage to the Petrol Station side. The Canal narrows near the start, Umpires may hold you up – please follow their instructions.
- When other craft are on the Canal (approximately once an hour) crews must follow normal navigation rules and proceed to the start on the towpath side of the canal. Marshalls will give instructions whenever the circulation pattern changes. Please give way to other craft to enable them to clear the course as quickly as possible.
- The first named, lower numbered, crew in each race will row on the **PETROL STATION / NON TOWPATH SIDE**. The second named, higher numbered crew will row on the **NEW BOATHOUSE / TOWPATH SIDE**.
- Competitors must comply with all instructions issued by umpires, marshals or safety officials positioned along the course.
- We advise crews and coxes to ensure that they have familiarised themselves with the start and finish prior to their race.
- The Regatta Committee reserves the right to make any alterations to the programme as may be considered necessary for the better running of the Regatta.
- Any crew practising starts and or rowing at firm pressure, unless instructed to do so by an Umpire or Marshal, may be disqualified.
- Crews may pass through the (New) Netheridge Road Bridge at the start for marshalling but may not proceed beyond the next bridge (Sims) or the bridge (Hempsted) after the finish, any crew doing so may be disqualified.
- All coxes must be weighed before racing. The coxes weight will be noted by Control Commission and will be checked if a final is won. They are requested to bring their own dead weights if required which must comply with the British Rowing Rules of Racing. Checks may be made throughout the day. Please note that we will not be providing weights for visiting coxes.
- In all rounds except finals crews with no opposition may be requested to row-over the course so no crew is disadvantaged. In finals where the opposition has withdrawn, the remaining competitor must row over to claim their prize.
- Please make yourself aware of the British Rowing Guidance on waterborne diseases, as the canal is very slow moving water and so can carry diseases such as Weils disease. If you should develop flu-like symptoms after competing on the canal, please seek medical advice and inform them of the possibility that you could have come into contact with Weils disease

The Regatta Committee accepts no responsibility for competitor's or spectator's personal property. We would remind anyone camping not to leave valuable items in their tents.

IN THE INTEREST OF SAFETY NO BARBEQUES OR OPEN FIRES ARE ALLOWED.

No smoking is permitted anywhere in the regatta field, trailer park, car park or marquee.

Please help us to keep the regatta field clean by putting all rubbish in the bins/bags provided.

Please remove your towing vehicle from the trailer park as soon as possible as space is limited.

INFORMATION IN CASE OF ACCIDENT OR EMERGENCY

Club House Address:

Gloucester Rowing Club,
326 Bristol Road,
Gloucester

GL2 5DH

(Opposite Empire Way)

Latitude 51°50'41.54"N, Longitude 2°15'52.11"W

The **New Boathouse** is on the opposite side of the canal from the **Old Club House**.

Latitude 51°50'34.20"N, Longitude 2°16'02.82"W

It is accessed via Netheridge Bridge (A38) coming from the South or past Hempstead Bridge and the BT compound from the North. The Emergency Services have been sent a map showing the position of and access to the New Boathouse.

If you require first aid on the Regatta Day, the Paramedic will be situated in the New Boathouse near Registration. Alternatively we will have club first aider on hand and a first aid box is situated in the Registration, in the Old Clubhouse and on each of the Launches.

In an emergency it is advisable to use a mobile phone and Gloucester Club Members in Registration will have one available for use. The nearest Public Call Box is situated on the Bristol Road approximately 700m north of the Old Clubhouse. (Cross Hempstead Bridge to the Old Clubhouse side of the canal and turn left)

Useful Numbers

Emergency Services:	999
Local Police	0845 090 1234
Accident & Emergency (Gloucester Royal Hospital)	03004 222 222
Medical Advice	111
Docks Emergency Number	0800 47 999 47
Event Secretary	07795622106 (Regatta Day Only)