

GLOUCESTER REGATTA
IMPORTANT NOTICE TO ALL COMPETITORS 2009

Gloucester Rowing Club hope that everyone will enjoy the regatta and all members of the Club will do their best to ensure the safety of everyone involved. However each individual must exercise a duty of care both to third parties and themselves.

The ARA Row Safe Guide must be observed at all times. ROW WELL, HAVE FUN.

- All crews must report to the Secretary's tent on arrival at least 1 hour before racing to collect their number which must be worn by BOW & COX during racing. ARA Licences will be checked for crews winning a qualifying event, substitutions and for spot checks. The Secretary's tent is situated in the Regatta Field.
- Prizes will be withheld or withdrawn from any competitors if errors of status are found, if misrepresentation has taken place, if any crew member cannot provide a valid ARA licence.
- CREWS WILL NOT BE CALLED – It is the responsibility of all competitors to be in the pairing area no less than 25 minutes before the published race time or their opposition will be awarded a row over.
- It is the crew's responsibility to ensure that their boat and life jackets comply with the Rules of Racing and Row Safe Guide.
- Competitors are required to proceed to the start on the BOATHOUSE SIDE of the Canal. Please ensure that you do not impede a race coming down the course, particularly when crossing the canal from the landing stage to the Boathouse side. The Canal narrows near the start, Umpires may hold you up – please follow their instructions.
- When other craft are on the Canal (once an hour) crews must pull into the side and give way.
- Ensure all competitors are familiar with the map of the course.
- The first named crew in each race will row on the BOATHOUSE SIDE.
- Competitors must comply with all instructions issued by umpires, marshals or safety officials positioned along the course.
- At the finish of each race, a bell will be rung from the Judge's tent and the result will be announced. In the event of a dead heat, the race will be rowed immediately.
- We advise crews and coxes to ensure that they have familiarised themselves with the start and finish prior to their race.
- Coaching from the bank is prohibited.
- Every competitor will wear the colours of the club he/she is representing in the race concerned. Crews representing a single club shall wear a uniform racing strip.
- The Regatta Committee reserves the right to make any alterations to the programme as may be considered necessary for the better running of the Regatta.
- Practising on the Regatta course is not allowed and any crew doing so will be disqualified.
- Crews will pass through the (New) Netheridge Road Bridge at the start for marshalling but may not proceed beyond the next bridge or the bridge after the finish, any crew doing so will be disqualified,
- All coxes must be weighed before racing and given a weight certificate that must be carried at all times. They are requested to bring their **own dead weights** if required which must comply with the A.R.A. Rules of Racing. Checks may be made throughout the day. NB. We will not be providing weights for visiting coxes.
- No row-over will be permitted at any time, except in a final where the remaining competitor must row over to claim their prize.

The Regatta Committee accepts no responsibility for competitor's (or spectator's) personal property. We would remind anyone camping not to leave valuable items in their tents.

IN THE INTEREST OF SAFETY NO BARBEQUES OR OPEN FIRES ARE ALLOWED.

Please help us to keep the regatta field clean by putting all rubbish in the bins/bags provided.

Please remove your towing vehicle from the trailer park as soon as possible.

INFORMATION IN CASE OF ACCIDENT OR EMERGENCY 2009

Club House Address:

Gloucester Rowing Club,
326 Bristol Road,
Gloucester
GL2 5DH
(Opposite Empire Way)
Latitude 51°50'41.54"N, Longitude 2°15'52.11"W

Regatta Field is the opposite side of the canal from the Club House.

Latitude 51°50'34.20"N, Longitude 2°16'02.82"W

It is accessed via Netheridge Bridge (A38) coming from the South or past Hempstead Bridge and the BT compound from the North. The Emergency Services have been sent a map showing the position of and access to the field.

If you require first aid on the Regatta Day, the Paramedic will be situated on the Regatta Field. Otherwise a first aid box is situated in the Registration Tent, in the Boat House and on each of the Launches.

In an emergency it is advisable to use a mobile phone and Gloucester Club Members in the Registration Tent will have one available for use. The nearest Public Call Box is situated on the Bristol Road approximately 700m north of the club. (Cross Hempstead Bridge to the Club House side of the canal and turn left)

Useful Numbers

Emergency Services: 999

Local Police	0845 090 1234
Accident & Emergency (Gloucester Royal Hospital)	01452 394600
Medical Advice (NHS Direct)	0845 4647
Docks Emergency Number	0800 47 999 47
Secretary's Tent	07973 371066 (Regatta Day Only)